



LGBT+

Training

Humankind's LGBT+ team have a wealth of experience in service development and innovation, frontline delivery, and training.

We deliver informative, thought-provoking, and engaging sessions that encourage discussion and reflection.

If you are interested in commissioning bespoke training that is not listed below, please get in touch.

Book or request more information [here](#) or email us at lgbt.training@humankindcharity.org.uk.

Call: **01325 731160**

We are open:
Monday-Thursday
8.45am until 4.45pm
Friday 8.45am until 4.15pm

"The information provided on LGBT+ vocabulary was something I have needed for a long time... a brilliant and informative session."
(Emma, Primary School Teacher)



humankind[®]

humankindcharity.org.uk/service/lgbt-north-east/

Workshops for professionals

LGBT+ Awareness (3 hours)

An interactive session that will explore:

- Appropriate terminology for a range of sexual orientations and gender identities
- Issues often faced by LGBT+ people
- The legal and moral standpoint for LGBT+ inclusion
- How to ensure LGBT+ inclusive practice
- Practical tips for working with LGBT+ people

Gender Identity Awareness* (2 hours)

An interactive session that will explore:

- Appropriate terminology for a range of gender identities
- Personal attitudes and values around gender
- Issues often faced by trans people
- Trans rights and the law
- How to ensure trans inclusive practice
- Practical tips for working with gender diverse and gender questioning people

*We recommend participants have some understanding of the support needs of LGB people before booking this training.

Creating an LGBT+ Inclusive Environment (3 hours)

An interactive session to help organisations become LGBT+ inclusive, covering:

- Appropriate terminology for a range of identities
- How to be an LGBT+ ally
- Gendered spaces / language within your organisation
- How to make LGBT+ inclusion visible
- Information about local and national LGBT+ organisations

Creating LGBT+ Inclusive Policies* (2 hours)

A workshop to ensure your policies are inclusive and meet the needs of LGBT+ service users. This session will:

- Provide a refresh appropriate terminology for a range of identities
- Critique some sample policies
- Review one of your existing policies and discuss areas for improvement
- Consider strategies for effective implementation of updated policies

*We recommend participants complete **Creating an LGBT+ Inclusive Environment** before booking onto this training.

Workshops for young people

Inclusive Sexual Health (Sexuality aGender v2)* (1 hour)

Sexuality aGender v2 is a pioneering resource from The Proud Trust suitable for all young people regardless of their sexual orientation or gender identity.

The package allows young people to engage in meaningful conversation about sexual health without gendering body parts, labelling types of sex or feeling shame.

This workshop covers:

- Exploring a range of identities
- The sexual body
- What is your normal?
- The dice game

Pack cost: £75 (optional)

*This workshop can also be delivered to professionals as train the trainer (2 hours)

Being an LGBT+ Ally (2 hours)

This workshop, suitable for secondary-age young people, will help them better support their LGBT+ peers by exploring:

- Why supporting LGBT+ peers is important
- What makes a good LGBT+ ally
- What an LGBT+ friendly environment should look like
- Where to signpost a peer who needs further support

Book or request more information [here](#) or email us at lgbt.training@humankindcharity.org.uk.

Costs

For up to 20 participants:

Private organisations: £300 / hour

Statutory and voluntary organisations: £150 / hour
Plus mileage where sessions are delivered face-to-face. If you would like to book more than one course, please contact us; we may be able to offer a reduced rate.

“A great instructor, very informative.”
(John, Social Worker)