

Volunteer Role Description

Role title	Group Support (Co Facilitator) Volunteer
Team reporting to	Redbank Recovery Accommodation
Location	182 Rochdale Rd, Manchester M40 7RA / 1 Victor Street, Manchester, M40 7PN

Brief description of project

Redbank provides accommodation to help people stay abstinent from drugs or alcohol.

Our specialist accommodation at Redbank can support people to develop the skills they need to maintain their recovery and go on to live independently in their local community.

We complete a thorough assessment of people's needs/strengths and work with people to develop a tailored Support Plan.

We can help people who:

- Are aged 18 or over and entitled to live in Manchester
- have completed clinical detoxification from alcohol or drugs (where required) and are on 30ml or less of methadone (or subutex equivalent) and intend on reducing
- are committed to personal abstinence from drugs and alcohol

Please Note: We have Covid-19 risk management measures at our services, and you may be asked to complete an individual risk assessment. Please feel free to get in touch if you would like more information about this in advance of applying.

Details of the role:

The aim of this role is to support the team to deliver the recovery group programme to residents with the opportunity to build up to leading on group delivery.

Group delivery is an integral part of the support we offer the residents at Redbank and we are continuously reviewing and implementing new and exciting ideas to deliver a great service.

We would like to be able to capture more feedback from the residents around the groups we offer and would like a Residents panel to be formed to enable this to happen more constructively and naturally.

Personal qualities

Essential Criteria

- Awareness and understanding of addiction and recovery
- A confident and friendly approach
- Good verbal and written communication
- Ability to follow a structured session plan but with the confidence to make suggestions for development where applicable
- Be respectful and non-judgemental
- Moderate IT skills
- An understanding of the importance of guidelines and procedures relating to key areas such as safeguarding, confidentiality, professional boundaries and information governance
- Willing to attend and complete relevant training
- To participate in regular supervision sessions with a supervisor

Desirable Criteria

- Personal lived experience
- Experience of delivering groups / leading on activities or having attended groups

What Volunteers Can Expect From Us:

- Regular supervision and support
- Induction and access to online and face to face training
- To learn and practice new skills within a team environment
- To feel part of a team and the wider Humankind organisation
- Reasonable travel expenses reimbursed with proof of journey
- Opportunities to develop