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Description automatically generated

**REFERRAL DOCUMENT**

**If you need any advice or guidance completing this document, please contact us via one of the methods below:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Office** | **Address** |  |  |
| **North** |  |  |  |
| Carlisle  Penrith | 1st Floor, Stocklund House, Carlisle, CA3 8SY  Eden Rural Foyer, Old London Road, Penrith, CA11 8ET |  |  |
| **West** |  |  |  |
| Workington | 6 Finkle Street, Workington, CA14 2AY |  |  |
| Whitehaven | 21b Lowther Street, Whitehaven, CA28 7DG |  |  |
| **South** |  |  |  |
| Barrow | 92-96 Duke Street, Barrow, LA14 1RD |  |  |
| Kendal | White Horse Yard, 39 Stricklandgate, Kendal, LA9 4LT |  |  |

**Telephone :** 01900 512300, select either option 1 for Carlisle / Eden, option 2 for W&W and option 3 for B&K

**Email**: [Referrals@recoverystepscumbria.org.uk](mailto:Referrals@recoverystepscumbria.org.uk)

*Please send forms to* ***referrals@recoverystepscumbria.org.uk***

*\* Indicates a mandatory field*

**Personal Details**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **First Name\*** |  |  | **Date of Birth\*** |  |
| **Surname\*** |  | **Gender (at birth) \*** | | Male |
|  |  |  |  | Female |
| **NHS Number** |  |  |  | Prefer not to say |
|  | **Do you identify as the gender you were born?** | | | Yes |
|  |  | | | No |
|  |  | | | Prefer not to say |
| **Date:** |  | | |  |

**Address & Contact Details**

|  |  |  |  |
| --- | --- | --- | --- |
| **Address 1\*** |  | **Telephone Number\*** |  |
| **Address 2** |  | **Mobile Number\*** |  |
| **Town/City** |  | **Email\*** |  |
| **County** |  | **No Fixed Abode** |  |
| **Postcode\*** |  |

**Preferred Contact method\* (please select all that apply)**

**Mail\***  **Mobile\***

**Telephone (landline)\***  **Video conference appt\***

**Text message**  **Other, please specify**

**Referrer Details**

|  |  |  |  |
| --- | --- | --- | --- |
| **Referrer Name\*** |  | **Referrer contact details\*** |  |
| **Referral Source\*** |  | **Other, please specify** |  |

**Drug & Alcohol Use**

|  |  |  |
| --- | --- | --- |
| **Substance use (current frequency and amount)\***  *Give details of:*   * *any current/recent/past drug or alcohol use* * *any previous drug/ alcohol treatment received* |  |  |
| **Date last used substance** |  |  |
| **Reason for Referral / Goal from treatment** |  |  |

**About You**

|  |  |  |
| --- | --- | --- |
| **Physical/Mental Health\***  *Give details of:*   * *physical health issues* * *mental health issues* * *prescribed medications*   *involvement with mental* | *Are you receiving treatment for any physical health problems? If yes what* | |
| **Communication/information needs\*** *Give details of any information/communication needs such as interpreter required, large print letters, BSL, induction loop etc* |  | |
| **Employment status \*** |  | |
| **Area of Employment** |  | |
| **Hours of Work** *This is so we can try to book appointments around your working hours (if needed)* |  | |
| **Are you pregnant / partner of someone who is pregnant?\*** | |  |
| **Are you a carer for someone else?** | |  |
| **Do you have regular contact with U18s?** *For example, either those who live with you or may visit or you may visit* | |  |
| **How safe do you feel today?** | |  |
| **If you answered yes to any of the above questions, please provide any further details** | | |

*Thank you! We will be in touch with you within 24-72 hours to explain what happens next.*