

Volunteer Role Description

Role title	Psychotherapy & Substance Use Service Volunteer
Team reporting to	CBT Therapist at Reach
Location	Weymouth Coffee Tavern, 24 High West Street, Weymouth, Dorset, DT4 8JH

Details of the role & tasks

We value our volunteers and seek to ensure their diverse roles are rewarding and beneficial to all.

Waythrough holds the Investors in Volunteers accreditation.

The role:

To support the therapeutic team in delivering high-quality services to clients engaged in substance use recovery.

The volunteer will gain valuable hands-on experience in a professional therapeutic environment.

Tasks may include:

Co-facilitate group sessions alongside psychotherapists and keyworkers.

Assist in conducting assessments in collaboration with keyworkers.

Support in the collection, organisation, and analysis of service data.

Gather and collate client feedback to inform service improvements.

Contribute to the development and refinement of therapeutic resources.

Personal qualities

Skills we would like you to bring to the role:

- Background in Psychology, Counselling, or a related field (minimum undergraduate level).
- Strong interpersonal and communication skills.
- Ability to work effectively as part of a multidisciplinary team.

- Commitment to maintaining confidentiality and professional standards.
- Flexible and reliable with a proactive approach.
- Previous experience in mental health, substance use, or related services.
- Familiarity with group facilitation or resource development.
- Confident IT skills – aside from any IT skills required for the role, some of our mandatory training is done online through eLearning modules
- Professional, honest and committed
- Non-judgmental towards people with lived experience
- Good time keeping
- Able to work as part of a team, on own initiative and to instruction
- An understanding of Waythrough – information is available on our website, and you can call a specific project to make enquiries.
- A genuine interest in being part of the mission, vision and promise of Waythrough
- Work in line with Waythrough's values and safeguarding policies.
- Ability to maintain professional boundaries, adhere to Waythrough policies and media guidelines, engage in supervision, and complete relevant training

Waythrough

What Volunteers can expect from us:

Volunteering with Waythrough offers people a unique chance to have a significant positive impact on people's lives. We work both with and within diverse communities across the UK and every day we see people making positive changes to turn their lives around. We also offer:

- Regular supervision and support
- Induction and access to online and face to face training. Note Cyber Ninjas eLearning, Information Governance eLearning, Equality & Diversity eLearning and Volunteer Induction workshop are mandatory for all volunteers as a minimum with additional training depending on the role
- The opportunity to learn and practice new skills
- The opportunity to be part of a team and the wider Waythrough organisation
- Reasonable travel expenses reimbursed with proof of journey
- Opportunities to progress and experience other areas of Waythrough's work

Our values:

Our values underpin everything we do – from how we work together through to how we design and deliver services. All our work to fulfil this vision is strengthened by our values.

- Kindness - be generous, caring and understanding.
- Courage - be bold, trust, commit.
- Respect - everyone deserves dignity.

Location: Teams

Timing: Wednesday 10th Sept (**morning only**)

Training: Volunteers have access to Waythrough's training platform, and will be asked to complete a number of training modules within their first 3 months.